# Bram Stoker Festival

# **Stokerland Relaxed Performance**

Stokerland is open from Saturday 26th - Monday 28th October between 11am and 4.30pm daily.

Everyone is welcome to attend.

We have programmed a **relaxed session of Stokerland** from **11am - 1.30pm on Monday 28th October.** This session is open to everyone.

At the relaxed session, you can expect a tailored experience designed to welcome people who will benefit from a more relaxed environment, including people who identify as neurodiverse, people on the autistic spectrum, with sensory and communication disorders, people with ADHD, ADD, Tourettes syndrome or with learning disabilities.

# What is Stokerland?

STOKERLAND is a free, pop-up Victorian fun park for families and the eternally young.

With the stunning St. Patrick's Cathedral as a gothic backdrop, our ghoulish gathering features music, choirs, street theatre, a performance tent, free face-painting, a food market, storytelling and draw-alongs, bands, discos and dance parties, walkabout performers, art workshops, spooky science shows and plenty of macabre thrills and ghoulish games for everyone to enjoy.

Gates open at 11am - please do not arrive before then.

### What will be different at the relaxed session of Stokerland?

The music will be quieter.

There will be no loud noises.

There will be no flashing lights.

Performances will be gentler in nature.

There will be a sensory unit area away from crowds and sounds available for those who require it: our staff will be there to help you.

This relaxed session of Stokerland is free and does not require booking.

# Welcome:

When you arrive at the park, our friendly event staff will be there to greet you. The staff will be wearing hi-vests like this over their clothes:



# **Entrance**

There are three entrances to St. Patrick's Park. This is what they look like.







# What does Stokerland look like when it's happening?

St Patrick's Park will look like this while Stokerland is happening. The park will have lots of decorations, open-sided tents, food vendors and areas for play. If you want to move around and/or make noise during your time in the park and the performances that is fine.



## **Food vendors**

There will be a number of food vendors on site. Here is a picture of the vendors. This is an example of what the vendors will look like. The below options may not be available on the day.





# **Steet Performers**

This is Rose and Penelope!

They will be performing all around the park on the day.
Keep an eye out for them and all their fun tricks!

# **Sensory Unit**

If you need to take a break you can go to the Sensory Unit which will look like the picture on the right.

To enter, ask someone in a hi-vis vest where the sensory unit is and they can bring you there.

There may be a short queue to enter as the unit is suitable for one family at a time.

You must bring one guardian into the sensory room and you're also allowed to bring one sibling or a friend if you would like to.



# **Sensory Unit**

Annmarie will be there to greet you.



# **Performances**

Our relaxed performances will take place in these event tents.



# **RELAXED PERFORMANCE:**

# LET'S EXPLORE WITH MOBILE MUSIC School

The Let's Explore workshops are all about learning rhythm, beat, and tempo in a fun and easy way.

# Here's what you can expect

When you arrive Taylor, the tutor, will welcome everyone and explain what will happen during the workshop. Here is a photo of Taylor so that you will recognise her.

Times for this performance:

11:15am - 11:35am

11:40am - 12:00pm

12.05pm - 12:25pm



# **Instruments**

The tutor will show some special instruments, like a rainstick, ocean drum, and tambourine. Everyone will get a chance to hold and play the instruments.





# **Playing Together**

After practising, everyone will play along to a song. This could involve body percussion, ukulele or guitar or dancing to the beat. A fun song like "We Will Rock You" might be used!



# **Body Percussion**

You will use your body to make sounds like tapping your legs, to feel the rhythm.

# **RELAXED PERFORMANCE:**

# Jess Rowell Dance Sensory Movement Workshop

### Welcome

Jess and her team will introduce themselves and warmly welcome everyone, giving a quick explanation of the workshop plan.

Here is a photo of Jess so that you will recognise her when you arrive.

This performance will happen from 12:40pm-1:30pm



# Warm up / Wake up

Jess and her team will guide the group through simple movements to wake up and warm up the body, getting everyone ready for the adventure



# Friendly ghosts

The group will explore moving playfully with friendly 'ghost like' scarves.

Be swept along by the magical flying hoop to faraway lands.

Wriggle and wiggle to the sound of soft rumbling thunder.







Discover the mystical treasure trove full of spooky sensory surprises before reaching the final destination...

The Monster Mash Dance Party, is a fun chance to learn a short sequence of spooky dance moves to enjoy with your family. The movements can be done in your own unique way.

The workshop will use rhythm, small handheld lights, and music to enhance the experience. The music will be at a comfortable volume, with no sudden loud sounds or flashing lights.



# **PERFORMANCE:**

# Art Workshop, Vampire Doodle with Marten Jonmark of Brown Bag Films

### Welcome

Marten will introduce himself and tell you about the vampire characters you will learn to draw. Here is a photo of Marten so you will recognise him when you arrive

# Here's What you can expect

This is a drop in art workshop and artist Marten will welcome children as they arrive to the workshop tent.

This performance will happen from



There will be a large roll of paper on tables in the tent and you will be given markers so you can draw your vampire or monster.

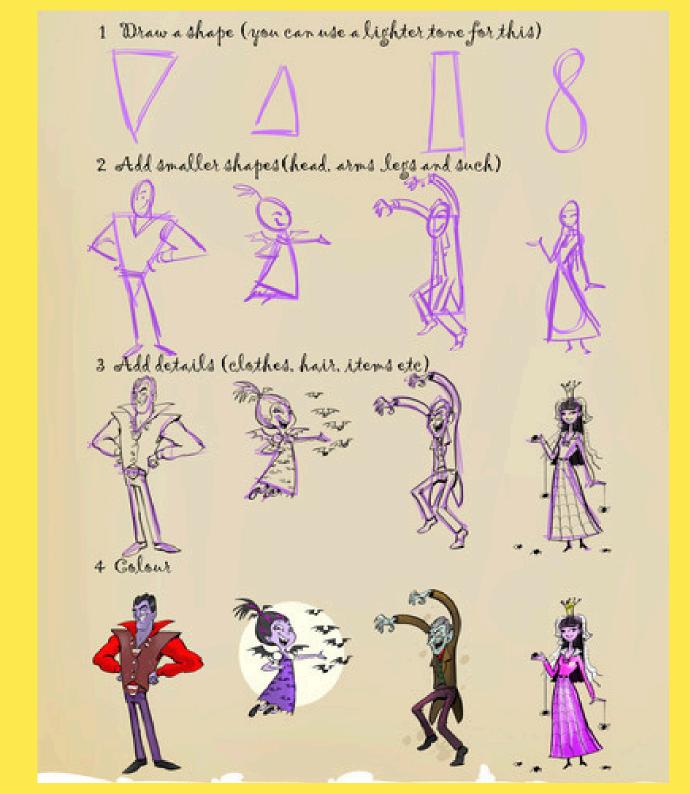
Marten will show you how to use different shapes to create your character.

He will show how to add arms, legs and other details to their shape and how to make their characters look scary or funny.

If you would like to take your drawing home Marten will cut out your picture for you to take.

This is a drop in workshop and you are welcome to spend as much or as little time as they would like.

Here is a step by step look at how you will draw your characters





# Bells

St Patrick's Cathedral has loud bells that sound every day at 12pm.

CLICK HERE to hear the bells so you will know what to expect!

# **Frequesntly Asked Questions**

Q: Can I leave Stokerland and come back in?

Yes you can leave and come back at any time.

Q: Can I bring fidget toys or headphones/ear defenders with me?

Yes! We want you to be comfortable so fidget toys and headphones/ear defenders are welcome.

# **Frequesntly Asked Questions**

# Q: Will there be food and drink available?

Yes, there will be food and non alcoholic drinks available in the event space. There is no alcohol allowed at this event. You are also very welcome to bring your own picnic or snacks.

# Q: Will there be toilets available/where are the nearest toilets?

There are toilets at the event. If you need help finding them on the day please ask someone wearing a hi-vis vest where they are, and they will direct you or can bring you to them.

# **Very Important Information to Know**

### What to Wear

This is an outdoor experience, so please dress for the weather. For example, if it is cold you may need some extra layers or if it rains you may need to pack a rain coat.

# **Accessibility**

The venue is wheelchair accessible. Please visit the Stokerland page on our website for further accessibility information.

# Tell us what you thought!

You can message us on Instagram, Facebook or Twitter or email us on info@bramstokerfestival.com

We'd love your feedback!